

English Country Dance Classes

Move to joyful music
in a relaxed, beginner-friendly atmosphere

Escape the hub-bub of the modern world & experience how people entertained themselves before TV, Roku, Facebook, Instagram, Snapchat



Richmond Free Library
201 Bridge Street Richmond, VT

6 Wednesdays, 7pm to 9pm
July 25, August 1, 8, 15, 22, 29

Teaching by Val Medve
& Martha Kent to recordings

\$5 per class — attend all or some;
no advance registration needed

Jane Austen said that to be fond of dancing was a certain step towards falling in love. Yes, Jane Austen AND the characters in her novels enjoyed English country dancing. These social dances are in different formations (long or short lines, circles, squares, etc.), and range in mood from light playfulness to delightful elegance, enthusiastically robust to gloriously stately. The music comes from traditional, folk, classical, and contemporary sources, and is above all, very melodic. Tunes by these composers (and others) have been set to dances: Handel, Vivaldi, Turlough O'Carolan, Ralph Vaughan Williams. The dances were first published in the mid-17th century, but are part of a "living tradition" that still appeals today to people from different backgrounds and interests. Above all, it's a fun form of recreation where you interact with people, not cell phones!

Best suited for teens and adults with the ability to walk briskly. Attend with or without a partner; we'll change partners throughout the evening. Dress comfortably. Bring clean, smooth-soled, flat-heeled shoes (avoid sneakers, mules/slides, flip-flops).

Info: Val at 802-881-9732 OR val.medve@gmail.com

Website: www.burlingtoncountrydancers.org